

The Practical Dilemma and Countermeasures of the Second Classroom Activity in Higher Vocational Education

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Abstract: China's higher vocational education is in a period of development, there are still a lot of imperfect, incomplete, especially in how to carry out the activities of the second class, many higher vocational teachers do not know how to allocate the students' time, and do not know how to make the students feel the joy of learning, which inevitably leads to the embarrassing situation of neglecting the other side, all the higher vocational teachers should seriously think about it and find a balance point, so that all the students can feel the interest from the second class after completing the task of learning in the first class, enrich their knowledge, increase their knowledge, open up their horizons and feel the infinite joy of learning itself.

1. Introduction

In the process of accepting study, the higher vocational students should not only have the very solid and profound professional knowledge ability, but also have the noble personality, the rich mind and the deep humanistic accomplishment, can be baptized by the spirit all the time, understand the meaning and the destination of learning is to serve others better, know not to be satisfied with the little achievements they have made at the present stage, be able to focus on the long sky and the distant mountains and the sea, in the spirit of the students, in the development of life and career planning will inevitably fall into the same trap. Higher vocational teachers need timely reflection in the process of developing the second class.

2. An Analysis of the Significance of Opening the Second Class in Higher Vocational Colleges

2.1. Consolidation of Students' technical Expertise

Youdao is "time is out of poetry ". If students try to lay a deep professional and technical ability in higher vocational colleges, they should attach great importance to this major, but how to lay a deep professional ability is a question worth pondering. Many students devote their time and energy to reciting, memorizing, and practicing professional knowledge points, but they find it difficult to master knowledge and skills at a deeper level [1]. The purpose of the second class in higher vocational colleges is to help all the students master the professional skills better and have a deeper understanding and grasp of the knowledge they have learned.

2.2. Enriching Students' Extracurricular Mental Life

Students in higher vocational colleges not only need to have deep professional ability and professional accomplishment, but also have strong spiritual strength and rich spiritual world. Therefore, students need to enrich their extracurricular spiritual life through the second class to make themselves a better student. Teachers in higher vocational colleges need to help students in time, so that students are not afraid of challenges and tribulations, and feel the fullness and abundance of their hearts in the second class.

2.3. Improving Students' cultural Literacy and Personality

Mr. Wang Guowei once said that the word takes the realm as the highest, and the realm becomes its own high. In fact, students in the higher vocational colleges in the process of learning, should also understand the similar truth. If students do not understand the lofty personality and great spirit, it will be difficult to make greater progress and comprehensive promotion in the world of learning. Students need to attach importance to the strength of personality, but also must attach importance to the strength of personality, teachers should give students corresponding help, make good use of the second classroom, the students to carry out corresponding humanistic education, so that students' personality strength is correspondingly improved and strengthened, this is a very important thing, but also worthy of adhere to the teaching measures.

3. The Difficulties in Developing the Second Classroom in Higher Vocational Colleges

3.1. Teachers in Higher Vocational Colleges Pay Less Attention to the Second Class

The state of mind determines the state, and the attitude determines everything. A significant problem in the present higher vocational colleges is that the second education of the students is not strong enough, and the teachers are facing the students in the second class with a kind of attitude of enthusiasm, which leads to the lack of effective and good interaction between the teachers and students, the inability of the teachers' knowledge, experience and ability to inject into the students, and the students' attention to the study cannot be put into the higher vocational colleges. Therefore, the second education in the higher vocational colleges cannot form a good cooperation and cooperation. [2]. Higher vocational teachers should make a long-term plan for the development of students, so that every student can become both internal and external, both moral and talented individuals, in the development of the journey to achieve greater room for improvement. To achieve this goal, all teachers should first improve their self-esteem for the second class.

3.2. Lack of Attention of Higher Vocational Students in the Second Class

Higher vocational teachers should first improve their teaching status, fight up 100% of the fighting spirit, to all students to set a good example, so that students towards the correct direction of learning full speed forward. Secondly, all the teachers should also actively supervise the students, so that students understand the "without some cold, how to get plum fragrance" truth. The present higher vocational students are easily obscured and blinded by all kinds of wrong ideas in the school, because of the wrong ideas and wrong mentality, so the students' future is not a good one. It is difficult for students to mobilize all their attention and mental power in the second class, which leads to their own learning efficiency is low, and it is difficult to improve and act in the second class, which is worth reflecting on. Higher vocational teachers need to promote students from two aspects, so that they can concentrate their attention on listening to the class. For one thing, the teacher should make the students to make a mental and spiritual reconstruction, understand that the second class is important, and the students should do their best in the second class. Secondly, the teacher should also understand the importance of optimizing the teaching method and create a high-quality second class, so that the students can really gain something in the second class.

3.3. Insufficient Curriculum Resources for Higher Vocational Teachers in the Second Class

If a workman wants to do his best, he must do his best. If higher vocational teachers hope that students can make great progress and promotion in the second class in higher vocational schools, they should make students acquire more abundant curriculum resources, so as to broaden their horizons and increase their knowledge. The process of education is not only the output process of teaching professional knowledge, but also the transmission process of a kind of soul, a kind of spirit, a kind of idea. Higher vocational teachers need to use the external teaching resources while transmitting the spirit, idea and soul, so that the teaching soul of spiritual design can be better "digested and absorbed" by the students. Taking Figure 1 as an example, many students' study in the first class is not yet in place.



Figure 1 Tired of learning

4. How to Develop the Second Class for Higher Vocational Teachers

4.1. Enrich the Inner Tastes of the Class

Higher vocational students are full of infinite expectations for the world, but also have a strong desire for knowledge, teachers should conform to the students' learning mentality, find the growth point of students, so that students are not afraid of difficulties and obstacles, and usher in internal transcendence and progress. Higher vocational teachers should combine the students' majors, carry on the corresponding adjustment and supplement in the second class, and be able to present the corresponding knowledge and theory to the students in a way that is full of interest, so that the students can achieve a great transcendence in the process of feeling joy. For example, for the students who study cooking, the higher vocational teachers can explain the corresponding knowledge of nutrition to the students in the second class, so that the students can develop the consciousness of how to create more nutritious food in the mind and conform to the needs of the whole people for diet in the new era.

4.2. Strengthening Human Literacy in the Classroom

Higher vocational teachers should carry out the corresponding humanities education in the humanities classroom, so that the students cannot only have the deep professional accomplishment, but also have the same deep humanistic accomplishment, thus they can make the progress in the comprehensive sense and the effective improvement in the academic and life, which is inestimable for the students. Take undergraduate higher vocational education in higher vocational education as an example. Teachers should make students learn more knowledge that has nothing to do with this skill. Students who study electrical cables, machine tools and clinical medicine can study the knowledge of some humanities in the second class, such as Chinese studies, history, folklore, etc., increase their knowledge, broaden their horizons, form a rigorous knowledge structure, and better control the professional knowledge they have learned under the cultivation and enlightenment of humanistic knowledge, thus making the students' future better and enable them to learn more in class. As Figure 2 reveals, many vocational colleges and universities are conducting characteristic humanities week activities aimed at improving students' humanistic literacy.



Figure 2 Humanistic Quality

4.3. Innovative Teaching Methods for Teachers

Teachers engaged in higher vocational education should also cultivate the consciousness of self-encouragement and not face themselves and students with a state of negative slackness and

perfunctoryness, and be able to keep in mind their mission, keep in mind their initial heart, work hard, and realize the great improvement and remarkable progress of teaching ability [3]. Higher vocational teachers should perfect teaching ideas and know how to help students seek improvement. Higher vocational teachers in the second class should make students become the main character in the classroom, conscientiously study knowledge, help fill their gaps, so as to achieve the qualitative sublimation of learning ability. Higher vocational teachers can also carry out teaching seminars at all times, analyze the teaching experience of each stage, seek for the education work up and down, and understand that enriching teaching methods is the only way to realize self and students' two-way progress. The process of developing the second class is also the process of seeking the improvement and progress of my teaching ability. As shown in figure 3, teachers can focus on communication to improve their teaching ability through the weekly "round table".



Figure 3 Round table

5. Conclusion

In the process of carrying out the teaching work, the higher vocational teachers should always take the students as the standard, find out the problems existing in the higher vocational students and the corresponding short board, so as to help the students to overcome the short board and complete the internal progress and transcendence, which is of great significance to the students, and also to improve the teaching ability of the teachers. Higher vocational teachers should pay special attention to the development of the second class, so that the majority of higher vocational students in the second class to learn more knowledge, build up a more sound personality, complete the inner sublimation. Higher vocational teachers need to make students understand their intentions, focus and gain something in the process of developing the second class.

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